



Information and Application form for



The Victorian Enabling Women Leadership Program Autumn, 2026



Questions and help to apply

**Do you want more information, or help
to apply?**



You can contact **Bridget (she/her)** at
WDV.

Email: leadership@wdv.org.au

Phone: (03) 9286 7813



Introduction to the Enabling Women Leadership Program



Women with Disabilities Victoria (WDV)

is an organisation run for and by women and gender diverse people with all kinds of disabilities.



Our members are people of all ages, backgrounds and lifestyles.

We are a proud LGBTIQ+ ally.

We want to be a safe space and to include all women and gender diverse people with disabilities.



We focus on rights to safety and respect.

This includes being able to speak up for ourselves and being leaders.





In **The Enabling Women Leadership Program (also known as the Program)** women and gender diverse people with disability learn how to become stronger leaders.



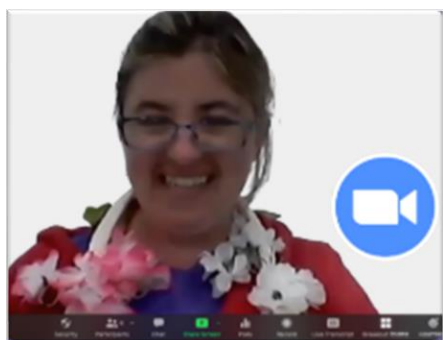
We do this in fun and meaningful ways.



The Program will be **hybrid**.

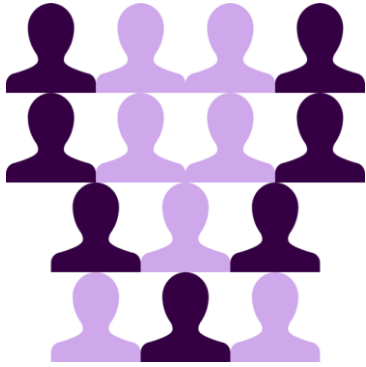
This means you can attend in person at the WDV Office in Melbourne CBD

Or

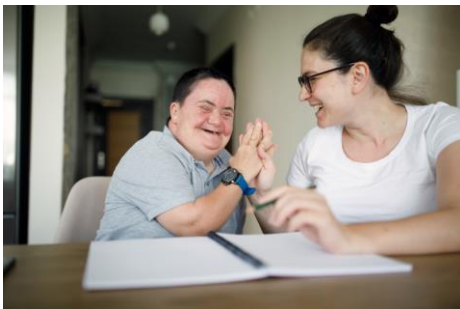


Online via Zoom.





The Program will have up to 14 participants.



During the Program, participants will work with a **mentor**.

Mentors support people to achieve a goal.



The Program will finish with a **Graduation celebration**.

8x

There will be **8 Program sessions**.





Sessions will run from **1:00 – 4:00pm**

Each session will be **3 hours long**

Sessions will include breaks.



Program sessions will be on

Wednesdays, 1:00 – 4:00pm.

But not every Wednesday.

2026

January	February	March	April
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May	June	July	August
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September	October	November	December
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Program sessions will run from March 18 –
June 10, 2026

A Graduation celebration will be held on
June 17, 2026.



Key Dates:

Session 1 – Wednesday, March 18

Session 2 – Wednesday, March 25

Session 3 – Wednesday, April 1

Session 4 – Wednesday, April 15

Session 5 – Wednesday, April 29

Session 6 – Wednesday, May 13

Session 7 – Wednesday, May 27

Session 8 – Wednesday, June 10

Graduation – Wednesday, June 17

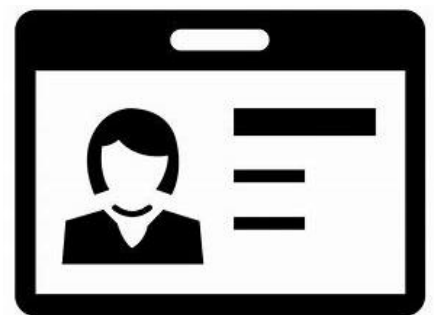


Who can participate?

You can participate, if you



- are a woman or gender diverse person, who is



- aged 18+, and



- lives, works, studies, volunteers or plays in the state of Victoria, and

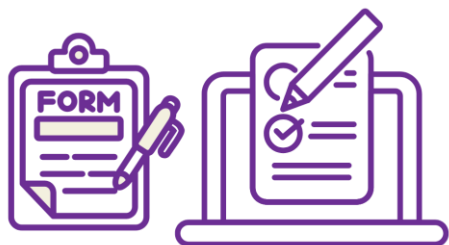




- who identifies as someone
 - with disability (physical, sensory, intellectual, cognitive, etc.)
 - who is Deaf / deaf / hard of hearing
 - who lives with chronic illness, and / or pain
 - who is neurodiverse, e.g. autistic, lives with ADHD, OCD, tics, learning disabilities, etc.
 - who lives with mental health challenges.



Completing the Application Form



To take part in the Enabling Women Leadership Program, you will need to fill out this **Application Form**.



If you want help:



You can ask someone you trust to help complete and send the form.

Or,



You can also contact **Bridget** at WDV to help you answer questions and fill in the form.



Email: leadership@wdv.org.au

Txt or Phone: 0459 322 479



You can fill out the form:



- On a computer, or



- By hand, or



- Record your answers in a video or audio recording.

Program?

Please tick	Requirement
☐	Attendant care
☐	Note-taker
☐	Interpreter
☒	Transport
☐	Information in alt
☐	Which formats:
☐	Dietary requirements
☐	Please advise:
☐	Other:

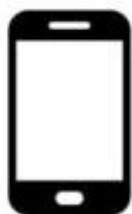
A red mouse cursor is clicking the 'Transport' checkbox. To the right, there are two circular icons: one showing a hand typing on a keyboard and another showing a hand clicking a mouse, both with green checkmarks.

If you are using a computer to fill out the form, click the mouse or use the spacebar key to select check boxes.





Please email Bridget at WDV the completed form, or contact Bridget and let her know you have made a recording.

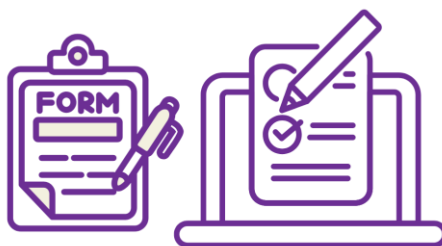


You can **contact Bridget via email or phone.**

Email: leadership@wdv.org.au

Phone: 0459 322 479





Application Form

Your Details

Optional = only answer if you want to

Our Question		Your Answer
	First and last name	
HE/HIM SHE/HER   THEY/THEM	*Optional* Pronouns	<i>How should people refer to you? Examples "she", "they", "he", or something else.</i>



Our Question	Your Answer
 Year of birth	
 Street Address	
 Suburb and Postcode	
 Best contact phone number	
 Email address	



Our Question	Your Answer
 *Optional* Do you speak a language other than English at home?	☐ Yes – what language/s? ☐ No
 *Optional* Do you identify as Aboriginal and/or Torres Strait Islander?	☐ Yes – Aboriginal ☐ Yes – Torres Strait Islander ☐ No ☐ Prefer not to say



Questions about you

Our Question	Your Answer
 1. What do you do for fun?	
 2. Why do you want to do this Program?	



Our Question	Your Answer
 3. Has anything stopped you from doing activities and other things you want to? Particularly because of your gender or disability?	☐ Yes ☐ No ☐ Not sure If yes, what sort of things?
 4. Did you get through the problem? If yes, how?	☐ Yes ☐ No ☐ Not sure If yes, how?



Our Question	Your Answer
 5. What connection do you have with Victoria?	<i>Examples, where you live, study, work, volunteer, or play.</i>
 6. Do you, or have you been part of any WDV programs or projects? What ones?	<i>Examples: Member events, Hubs, Workshops, etc.</i>



Our Question	Your Answer
 7. What groups are you a part of now, or have been in the past? What do / did you do with these groups?	<i>Examples: Peer group, committees, sporting club, Church, community groups. Etc.</i>
 8. How did you hear about the Enabling Women Program?	



Participation Questions

Our Question	Your Answer
 1. Will you mostly participate in person or online?	☐ In person ☐ Online ☐ It depends / unsure
 2. Do you have a tablet or computer with internet at home?	☐ Yes – computer ☐ Yes – tablet ☐ No
 3. Does the internet work well?	☐ Yes ☐ No ☐ Sometimes / Not sure



Our Question	Your Answer
 4. If you have a computer can you use these things with your computer?	☐ Microphone ☐ Headphones ☐ Speaker ☐ Webcam / camera
 5. If you think you may need extra help or equipment to join online, please give more information	
 6. Have you done an online video meeting before?	☐ Yes – Zoom ☐ Yes – Other. What did you use? ☐ No



Our Question	Your Answer
 7. Would you like any help to use Zoom?	☐ Yes – Please tell us in what ways? ☐ No ☐ Not sure
 8. If talking about uncomfortable topics, when do you feel most safe?	☐ Participating online from home by myself ☐ Being part of a friendly group setting in person ☐ Not sure ☐ Other / it depends



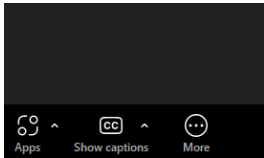


Access and Supports

The next three pages ask about access and supports.

Are there any access needs or supports that could help you to fully participate?

If you think you may need one of these supports, please tick the box and provide more information.

Our Question	Your Answer
 Captions	☐ Yes – Tell us more: Automatic, live, or unsure.
 Interpreter	☐ Yes – Tell us more:



Our Question	Your Answer
 Attendant care	To help with eating, going to the bathroom, etc. ☐ Yes – Tell us more:
 Note-taker	To help take notes of what's said, your ideas, etc. ☐ Yes – Tell us more:
 Wheelchair access	☐ Yes
 Dog guide or service animal facilities	☐ Yes – Tell us more:
 Transport / accessing the venue?	☐ If yes, what requirements?



Our Question	Your Answer
 Information in other ways	Examples: Examples: Easy English, braille, audio, etc. ☐ Yes – Tell us more:
 Dietary requirements	Examples: Vegan, Halal, or soft foods, etc. ☐ Yes – Tell us more:
 Other What else could help you to participate?	☐ Yes – Tell us more:





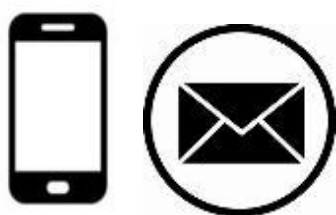
If you have completed the application form on a computer, phone, tablet, or by hand,, please email Bridget at WDV your **completed application form**.

Email to leadership@wdv.org.au

This includes sending photos of your hand written form.



If you **want help to fill out the form**, or if you **made a recording**, you can **email or call Bridget** to discuss things further.



Email: leadership@wdv.org.au

Phone: 0459 322 479

Thank you for your application!

